



DIVISION OF REHABILITATION SERVICES

# **THE INDEPENDENT LIVING OLDER BLIND PROGRAM**

**DORS Independent Living Older Blind (ILOB) program helps individuals who are 55 or older live independently in their homes and communities.**

## Examples of services may include:

- \* Training in how to manage personal care and household tasks.
- \* Labeling and organizing personal care items, clothing, appliances and medications.
- \* Safe cooking techniques.
- \* Orientation and mobility training.
- \* Braille instruction.
- \* Use of Assistive Technology.
- \* Referral to community peer support groups and other services.
- \* Introduction to community resources that enhance daily living such as NFB - NEWSLINE and resources at the Maryland State Library for the Blind and Print Disabled.





ILOB rehabilitation specialists will come to your home to provide assessment and training. The program reaches out to individuals in all areas of the state, including those living in rural counties.

Rehabilitation specialists work as a team with ophthalmologists, low vision professionals and community partners to provide personalized service.



## Contact Us:

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## OBVS Regional Offices:

**Baltimore: 410-261-2954**    **Wheaton: 301-949-3750**  
*Serving Baltimore City and Baltimore, Cecil, Howard, and Harford Counties*    *Serving Allegany, Carroll, Frederick, Garrett, Montgomery, and Washington Counties*

**Annapolis: 410-974-7604**  
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