# Maryland State Department of Education Division of Rehabilitation Services (DORS) THE INDEPENDENT LIVING OLDER BLIND PROGRAM

DORS Independent Living Older Blind (ILOB) program helps individuals who are 55 or older live independently in their homes and communities.

## **Examples of services may include:**

- ★ Training in how to manage personal care and household tasks.
- ★ Labeling and organizing personal care items, clothing, appliances and medications.
- Safe cooking techniques.
- Orientation and mobility training.
- \* Braille instruction.
- ★ Use of Assistive Technology.
- \* Referral to community peer support groups and other services.
- ★ Introduction to community resources that enhance daily living such as NFB - NEWSLINE and resources at the Maryland State Library for the Blind and Print Disabled.

ILOB rehabilitation specialists will come to your home to provide assessment and training. The program reaches out to individuals in all areas of the state, including those living in rural counties.

Rehabilitation specialists work as a team with ophthalmologists, low vision professionals and community partners to provide personalized service.

#### **Contact Us:**

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## **OBVS Regional Offices:**

\* Baltimore: 410-261-2954

Serving Baltimore City and Baltimore, Cecil, Howard, and Harford Counties

\* Wheaton: 301-949-3750

Serving Allegany, Carroll, Frederick, Garrett, Montgomery, and Washington Counties

\* Annapolis: 410-974-7604

Serving Anne Arundel, Calvert, Caroline, Charles, Dorchester, Kent, Prince George's, Queen Anne's, St. Mary's, Somerset, Talbot, Wicomico and Worchester Counties

## dors.maryland.gov

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The Vocational Rehabilitation program receives 78.7% of its funding through a grant from the U.S. Department of Education.

For the Federal fiscal year 2023, the total amount of grant funds awarded was \$52,041,475.

The remaining 21.3% of the cost (\$14,084,922) was funded by State appropriations.

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