



# Work Readiness 1

## Work Readiness

The Work Readiness program is for students or job seekers with disabilities who have little or no work experience, or who have been out of the workforce for an extended period of time.

This two-part program focuses on developing skills needed to be successful at work. Work Readiness 1 and 2 may be taken together or as stand-alone programs.

The Work Readiness program includes community-based activities and classroom sessions at DORS WTC campus in Baltimore.

## Work Readiness 1

This six-week course helps job seekers with disabilities get ready for work with classes that include videos, instruction, and guest speakers, as well as worksite tours and job shadowing experiences.

### PROGRAM INCLUDES:

- Career exploration
- Soft skills development
- Financial management
- Organizational skills
- Self determination & self awareness
- Interpersonal skills & teamwork
- Workplace preparation & communication
- Job retention

### PROGRAM REQUIREMENTS:

- Must be able to function in a classroom setting.
- Must be able to join in all individual and group activities.

**Contact your DORS Counselor or local office for more information or Request DORS Services via the QR code.**

