



Lessons to Teach For Financial Literacy

1) UNIT ONE: Financial Literacy 101

- a. Income and Expenses
- b. 70/20/10 Rule
 - i. 70 percent goes for living expenses
 - ii. Rent /mortgage should not be more than 30% of your income
 - iii. 20 percent goes to your debts
 - iv. 10% to savings
- c. Intro to Financial Literacy Quiz (activity)

2) UNIT TWO: Banking

- a. Checking Account
 - i. Class Activity packet
 - ii. 10 Reasons to Have Checking Account
- b. Savings Accounts
 - i. Class Activity packet

3) UNIT THREE: Types of Credit

- a. Car payments
- b. Personal Loan
- c. Mortgage
- d. Credit cards
- e. Credit Card Debt Elimination- understanding credit card payments (Activity)

4) UNIT FOUR: Managing Credit

- a. Back taxes
 - i. Always pay your tax debt FIRST!
- b. Credit Card minimum payment vs. Interests
 - i. The highest interest
 - ii. Balance Transfer 0%
- c. Overview of Debt Management – debt consolidation, cutting down credit cards, and bankruptcy
- d. Credit Card Debt Elimination- understanding credit card payments (Activity)

5) UNIT FIVE: Budgeting

- a. The generic budget rule involves splitting your after-tax income into three categories of spending: needs, wants, and savings.
- b. Cost of Housing comparison on your income
- c. Emergency fund/ Retirement/ or Child's education
- d. Budgeting strategies
- e. Budget Template (activity)



6) UNIT SIX: Investing

- a. Understanding the stock market
- b. Buying stocks
- c. Where to start investing? Check your bank!
- d. Ups and downs of stock
- e. Stock Market (activity)

7) UNIT SEVEN: Behavioral Economics

- a. Elements of economics and psychology to understand how and why people behave the way they do in the real world
- b. Preferences; make well-informed decisions
- c. Opportunity costs
- d. Motivation behind our financial choices
- e. Behavioral Economics scenarios (activity)

8) UNIT EIGHT: Taxes

- a. W-2 or 1099: the difference between classifications
- b. Estimated tax payments for 1099s / self-employed
- c. Single, Marriage, or Head of Household rate- difference on the Understanding Filing Status
- d. Back taxes and what to address it
- e. W4 Tax and W9 Tax (activity)

9) UNIT NINE: Insurance

- a. Health Insurance Premiums
 - i. Understanding your Health Insurance
 - ii. Copays and prescriptions
 - iii. Health insurance does not always cover hearing aids
 - iv. Set up a savings account for your hearing aids
- b. Life Insurance
- c. Automobile insurance
- d. Personal insurance – why need personal liability insurance?
- e. Business liability insurance – why need business liability insurance?
- f. Other insurances – homeowner, rental, flood, pet, and travel
- g. Insurance Quiz (activity)

10) UNIT TEN: Consumer Skills

- a. Work Incentives for SSA Beneficiaries
- b. Informed decisions when purchasing goods and services
 - i. Researching
 - ii. Comparison
 - iii. Financial Planning
- c. Understanding cash flow
- d. Sally and John Scenario Quiz (consumer skills' activity)

