



Pre-Employment Transition Services (Pre-ETS) Job Exploration Counseling

Learning Objectives

- 1.1 The students understand what career exploration is and why it is important.
- 1.2 The students explored their strengths and abilities.
- 1.3 The students discovered what type of work they are interested in and what employment options are in those fields.
- 1.4 The students understand what kind of education and training is needed to reach job goals.

Outline of Curriculum

Objective 1.1 Career Interests and Goals

1. Identifying Career Interests
2. Identifying Transferable Skills
3. Understanding a Career Plan
4. Creating Personalized Career Plan

Objective 1.2 Personal Self-Assessment

1. Preferred Working Environment
2. Identifying Worker Strengths
3. Self-Esteem
4. Self-Image
5. Personal Interviews
6. Making and Leaving a Good Impression

Objective 1.3 Career Exploration & Assessment

1. Assessments: O*Net Interest Profiler Assessment & Pictorial Interest Inventory
2. Analyze & Discuss Vocational Interest Inventory Results
3. Identifying Personal Career Pathway of Interest

Objective 1.4 Career Awareness

1. Career Speakers: Guest Speakers from local employers
2. Mini Career Project
3. Labor Market Information & Trends

Synopsis:

- Training will be offered in-person or hybrid based on consumer choice.
- Service can be provided to 1-10 individuals at a time in each session.
- Each topic in the curriculum will be broken down into daily lessons and review will be done at the end of each day.
- Weekly quizzes will also be conducted at the end of each week.
- Service delivery will be lectures, group discussions, handouts/worksheets, role playing, training videos and other skill building tasks will be used to lecture on each specific topic.
- At the end of each session, each student will be awarded with a Certificate of Completion certificate from LIFE INC after they have successfully completed training session.
- In addition, each student will have their own portfolio that enclosed copies of their results of administered assessments, and job recommendations.