



workforce & technology center

Shaping Careers and Futures in Maryland

Work Readiness 1

This six-week course helps individuals with disabilities get ready for competitive employment by focusing on soft skills development, self-advocacy, and life skills that are needed on the job.

Program Includes:

- Career exploration activities
- Activities to increase the awareness of work and self
- Soft skills
- Financial management
- Organizational skills
- Self determination
- Interpersonal skills & teamwork
- Workplace preparation & communication
- Job retention
- Job shadowing experiences

Program Requirements:

- Must be able to participate fully in all individual and group activities.

Contact your DORS Counselor or your local DORS office for more information - www.dors.maryland.gov

The **Workforce & Technology Center (WTC)** is a program of the **Division of Rehabilitation Services (DORS)**.

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