



Expanding
Boundaries
INTERNATIONAL

THINK GLOBAL
ACT LOCAL



CULTURAL HUMILITY VS. COMPETENCE

**AN OPPORTUNITY TO LEARN AND GROW IN
A DIVERSE ENVIRONMENT.**

**LETICIA NORTEY
FOUNDER & EXECUTIVE DIRECTOR**



THINK GLOBAL
ACT LOCAL



Expanding Boundaries International

Leticia Nortey, Founder & Executive Director

www.expandingboundaries.org





Expanding
Boundaries
INTERNATIONAL



We are passionately committed to empowering future generations to transcend their boundaries and embrace a world of learning without borders.

Anchored in our belief that quality education is a universal right, we are dedicated to fostering equitable access to cross-cultural and Science, Technology, Engineering, Arts, and Mathematics (S.T.E.A.M.) educational opportunities.

We stand against misconceptions and stereotypes, using our comprehensive educational programs and transformative international experiences to cultivate empathy and build bridges between diverse cultures.



Why It Matters?

Insufficient global exposure can influence one's worldview, resulting in reduced empathy, tolerance, and a global mindset.

Low-income communities face heightened disadvantages, experiencing restricted access to cultural immersion due to financial barriers.

The absence of adequate global exposure represents a missed opportunity to nurture a competitive next generation of globally-minded citizens

Missed opportunity for our youth to
immerse in diverse cultures and
worldly perspectives

1M+ **vs.** **-200K**
International Students **American Students**

Every year, over a million students from across the globe flock to the United States to learn and grow.

Yet, less than 200,000 young Americans venture out of their comfort zones to explore foreign lands.



Why It Matters?

Race/Ethnicity	U.S. Postsecondary Enrollment 2020-2021	U.S. Students Abroad 2020-2021
African American or Black	13.1%	4.1%
Asian/Pacific Islander	7.7%	10%
Caucasian	54.0%	68.3%
Hispanic/Latino American	20.3%	12.3%
Multiracial	4.2%	4.8%
American Indian/Alaska Native	0.7%	0.4%

Source: US Department of State

Despite the overall rise in study abroad participation, minority students remain significantly underrepresented in these programs.



Our Programs



STEAM Exchange

Our STEAM Exchange introduces STEAM fundamentals to students from ages 10 to 18. This program empowers the underserved, underprivileged, and technologically impoverished students in Baltimore/Carroll, U.S., and Ghana, Africa by providing STEAM education and equipping our students with the resources necessary to bridge the digital divide.



City Explorers

Expanding students' boundaries one trip at a time! The EBI City Explorers program aims to introduce inner-city students to the world beyond their city limits. Education comes from exploration, so we want all students to have opportunities to venture beyond what's familiar!



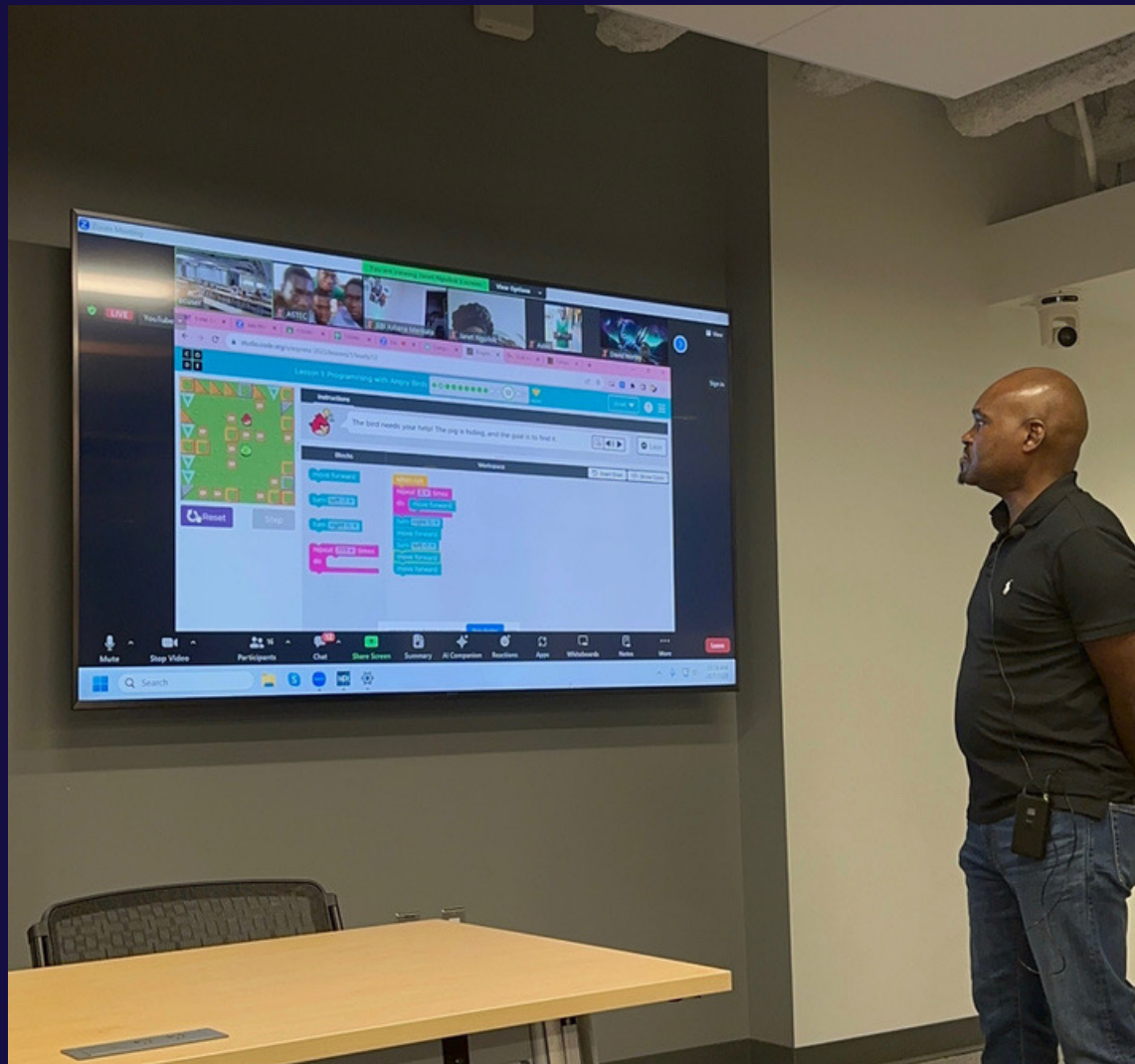
Brenda A. Brown Passport Scholarship

The Brenda Brown Passport Scholarship awards recipients the funds to apply for their first U.S. passport! The scholarship is named after the influential professor who helped our founder overcome many obstacles so that she could study abroad. EBI intends to pay Professor Brown's kindness forward by helping students to travel internationally.



Study Abroad & Study Abroad Consultation

With the launch of our Ghana Study Tour to Ghana, EBI provides cultural immersion programs for high school students. In addition, EBI offers students free study abroad consultations, where we discuss which options and sources of funding are available and what to expect when charting new territory.





JUST BY LOOKING AT ME GAME

MY NAME IS ____ AND I AM FROM ____.
ONE THING YOU CANNOT TELL JUST
BY LOOKING AT ME IS ____.
THIS IS IMPORTANT FOR ME TO TELL
YOU BECAUSE ____.”



Expanding
Boundaries
INTERNATIONAL

THINK GLOBAL
ACT LOCAL



WE DON'T SEE THINGS AS THEY ARE.
WE SEE THINGS AS WE ARE.

-ANNAIS NIN

JUST BY LOOKING AT ME GAME FEEDBACK

1. WHAT ARE 1-2 WORDS THAT DESCRIBE WHAT THIS ACTIVITY WAS LIKE FOR YOU?
2. HOW DID YOU FEEL WHEN YOU SAID YOUR STATEMENT?
3. HOW DID YOU DECIDE WHAT TO SHARE ABOUT YOURSELF?
4. DID ANY OF YOUR PEERS' RESPONSES SURPRISE YOU? WHY?
5. HOW CAN YOU FIND OUT MEANINGFUL INFORMATION ABOUT YOUR PEERS IN THE FUTURE?
WHAT IS THE VALUE IN
THAT?

THE ESSENCE OF CULTURAL COMPETENCE

Knowledge is Power

Imagine having a roadmap that helps you navigate through diverse cultures. Cultural Competence is just that! It's about understanding different backgrounds, beliefs, and behaviors to foster an environment where everyone feels valued.



THE ESSENCE OF CULTURAL HUMILITY

Its a Lifelong Journey!

Now, picture yourself on a never-ending quest, where learning from each other is the treasure. Cultural Humility invites us to be learners rather than knowers, engaging with open hearts and minds in every interaction.



CULTURAL COMPETENCY VS CULTURAL HUMILITY

Cultural Competency: “a set of congruent behaviors, attitudes, and policies that come together in a system, agency, or among professionals; Enabling that system, agency, or those professionals to work effectively in cross-cultural situations.” (Cross et al., 1989)

Cultural Humility: “the ability to maintain an interpersonal stance that is other-oriented, open to the other person we are interacting with in relation to aspects of cultural identity that are most important to that person.” (Hook et al., 2013)

CULTURAL COMPETENCY VS CULTURAL HUMILITY

Cultural Competency: • A way for people with various differences to work together effectively.

Cultural Humility: We acknowledge to the other person that we are aware that we are different and are interested in who they are based on what parts of their identity they are open to sharing with us.

CULTURAL COMPETENCE AND CULTURAL HUMILITY:

What's the Difference?

Cultural Competence	Cultural Humility
<ul style="list-style-type: none"> • Mastery/expert • End point • Rigid • Technical • Hierarchy • Linear • Status quo 	<ul style="list-style-type: none"> • Learner/student • Fluid • Flexible, dynamic • Personal, authentic • Partnership • Evolving • Path to Equity

OUR WORLD AND THE VEIL WE ARE FORCED TO WEAR SOMETIMES



THESE VEILS CAN ALSO BE LABELS



OVERCOMING UNCONSCIOUS BIAS



Explore practical strategies and tips for recognizing and overcoming unconscious biases.

Learn how small changes in our thoughts and actions can make a big difference in promoting equality and respect.

TIPS FOR SUCCESS

CULTIVATE MUTUAL RESPECT



From active listening to expressing genuine curiosity about others' experiences, get equipped with best practices that help cultivate an environment of mutual respect and appreciation.

TIPS FOR SUCCESS

GROUP DISCUSSION

Join in group discussions to share insights and strategies on promoting cultural humility and competence in our teams.



MOVING FORWARD TOGETHER

BE COMMITTED ABOUT GROWTH

- Listen as if the speaker is wise; listen to understand
- Practice “I” statements when speaking
- Ok to respectfully disagree
- Take risks; No pressure to speak
- Be disciplined about not making assumptions

MOVING FORWARD TOGETHER

ONE THING TO REMEMBER

You don't know everything,
Be open to learning as life goes on.
Cultural humility is a lifelong lesson, not a
one-day lesson.
Be intentional is being empathetic

Thank
you!

THINK GLOBAL

ACT LOCAL