

SLIDE 1:

Cultural Humility vs. Competence: An Opportunity To Learn and Grow in a Diverse Environment

Expanding Boundaries International

Leticia Nortey, Founder & Executive Director

Think Global. Act Local.

SLIDE 2:

Expanding Boundaries International

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SLIDE 3:

We are passionately committed to empowering future generations to transcend their boundaries and embrace a world of learning without borders.

Anchored in our belief that quality education is a universal right, we are dedicated to fostering equitable access to cross-cultural and Science, Technology, Engineering, Arts, and Mathematics (S.T.E.A.M.) educational opportunities.

We stand against misconceptions and stereotypes, using our comprehensive educational programs and transformative international experiences to cultivate empathy and build bridges between diverse cultures.

SLIDE 4:

Why It Matters?

Insufficient global exposure can influence one's worldview, resulting in reduced empathy, tolerance, and a global mindset.

Low-income communities face heightened disadvantages, experiencing restricted access to cultural immersion due to financial barriers.

The absence of adequate global exposure represents a missed opportunity to nurture a competitive next generation of globally-minded citizens

Missed opportunity for our youth to immerse in diverse cultures and worldly perspectives

1M+ International Students vs. -200K American Students

Every year, over a million students from across the globe flock to the United States to learn and grow. Yet, less than 200,000 young Americans venture out of their comfort zones to explore foreign lands.

SLIDE 5:

Why It Matters?

African American or Black:

- US Post-secondary Enrollment 2020-2021 13.1%.
- US Students Abroad 2020-2021 4.1%.

Asian/Pacific Islander:

- US Post-secondary Enrollment 2020-2021 7.7%.
- US Students Abroad 2020-2021 10%.

Caucasian:

- US Post-secondary Enrollment 2020-2021 54.0%.
- US Students Abroad 2020-2021 68.3%.

Hispanic/Latino American:

- US Post-secondary Enrollment 2020-2021 20.3%.
- US Students Abroad 2020-2021 12.3%.

Multiracial:

- US Post-secondary Enrollment 2020-2021 4.2%.
- US Students Abroad 2020-2021 4.8%.

American Indian/Alaska Native:

- US Post-secondary Enrollment 2020-2021 0.7%.
- US Students Abroad 2020-2021 0.4%.

Source: US Department of State

Despite the overall rise in study abroad participation, minority students remain significantly underrepresented in these programs.

SLIDE 6:

Our Programs

STEAM Exchange

Our STEAM Exchange introduces STEAM fundamentals to students from ages 10 to 18. This program empowers the underserved, underprivileged, and technologically impoverished students in Baltimore/Carroll, U.S., and Ghana, Africa by providing STEAM education and equipping our students with the resources necessary to bridge the digital divide.

Brenda A. Brown Passport Scholarship

The Brenda Brown Passport Scholarship awards recipients the funds to apply for their first U.S. passport! The scholarship is named after the influential professor who helped our founder overcome many obstacles so that she could study abroad. EBI intends to pay Professor Brown's kindness forward by helping students to travel internationally.

City Explorers

Expanding students' boundaries one trip at a time! The EBI City Explorers program aims to introduce inner-city students to the world beyond their city limits. Education comes from exploration, so we want all students to have opportunities to venture beyond what's familiar!

Study Abroad & Study Abroad Consultation

With the launch of our Ghana Study Tour to Ghana, EBI provides cultural immersion programs for high school students. In addition, EBI offers students free study abroad consultations, where we discuss which options and sources of funding are available and what to expect when charting new territory.

SLIDE 7:

A montage of photos from the various programs.

SLIDE 8:

Just By Looking At Me Game

MY NAME IS ____ AND I AM FROM _____. ONE THING YOU CANNOT TELL JUST BY LOOKING AT ME IS _____. THIS IS IMPORTANT FOR ME TO TELL YOU BECAUSE _____."

SLIDE 9:

WE DON'T SEE THINGS AS THEY ARE. WE SEE THINGS AS WE ARE. -ANAIIS NIN

SLIDE 10:

Just by looking at me game: feedback

1. What are 1-2 words that describe what this activity was like for you?
2. How did you feel when you said your statement?
3. How did you decide what to share about yourself?
4. Did any of your peers' responses surprise you? Why?
5. How can you find out meaningful information about your peers in the future? What is the value in that?

SLIDE 11:

The Essence of Cultural Competence

Knowledge is Power

Imagine having a roadmap that helps you navigate through diverse cultures. Cultural Competence is just that! It's about understanding different backgrounds, beliefs, and behaviors to foster an environment where everyone feels valued.

SLIDE 12:

The Essence of Cultural Humility

It's a Lifelong Journey!

Now, picture yourself on a never-ending quest, where learning from each other is the treasure. Cultural Humility invites us to be learners rather than knowers, engaging with open hearts and minds in every interaction.

Graphic: 12 drawings representing the aging of a man, from infant through boyhood and adulthood, to an old man with a cane.

SLIDE 13:

Cultural Competency vs. Cultural Humility

- Cultural Competency: “a set of congruent behaviors, attitudes, and policies that come together in a system, agency, or among professionals; Enabling that system, agency, or those professionals to work effectively in cross-cultural situations.” (Cross et al., 1989)
- Cultural Humility: “the ability to maintain an interpersonal stance that is other-oriented, open to the other person we are interacting with in relation to aspects of cultural identity that are most important to that person.” (Hook et al., 2013)

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Cultural Competency vs. Cultural Humility

- Cultural Competency: A way for people with various differences to work together effectively.
- Cultural Humility: We acknowledge to the other person that we are aware that we are different and are interested in who they are based on what parts of their identity they are open to sharing with us.

SLIDE 15:

Cultural Competence and Cultural Humility: What's the Difference?

Cultural Competence

- Mastery/expert
- End point
- Rigid
- Technical
- Hierarchy
- Linear
- Status quo

Cultural Humility

- Learner/student
- Fluid
- Flexible, dynamic
- Personal, authentic
- Partnership
- Evolving
- Path to Equity

SLIDE 16:

Our World and The Veil We Are Forced to Wear Sometimes

3 photos:

- A group of people wearing white t-shirts and surgeon's masks.
- Two people wearing elaborate feathered costumes and bird masks.
- Three teenagers wearing rubber animal masks.

SLIDE 17:

These Veils Can Also Be Labels

2 graphics:

- A drawing of a multiethnic and diverse group of people, including a woman in a hijab, a Sikh man in a turban, an Orthodox Jewish man in a hat.
- Photo of a group of Muslim men and boys holding signs that say "ISIS does not represent me." "Humanity Against Terrorism." "Stop ISIS everywhere."

SLIDE 18:

Overcoming Unconscious Bias

- Explore practical strategies and tips for recognizing and overcoming unconscious biases.
- Learn how small changes in our thoughts and actions can make a big difference in promoting equality and respect.

SLIDE 19:

Cultivate Mutual Respect: Tips For Success

From active listening to expressing genuine curiosity about others' experiences, get equipped with best practices that help cultivate an environment of mutual respect and appreciation.

SLIDE 20:

Group Discussion: Tips For Success

Join in group discussions to share insights and strategies on promoting cultural humility and competence in our teams.

SLIDE 21:

Be Committed About Growth Moving Forward Together

- Listen as if the speaker is wise; listen to understand.
- Practice “I” statements when speaking.
- Ok to respectfully disagree.
- Take risks; No pressure to speak.
- Be disciplined about not making assumptions.

SLIDE 22:

One Thing To Remember: Moving Forward Together

- You don't know everything.
- Be open to learning as life goes on.
- Cultural humility is a lifelong lesson, not a one-day lesson.
- Be intentional is being empathetic

SLIDE 23:

Thank you!

Think Global. Act Local.