SLIDE 1: A Rising Tide Lifts All Boats: The Maryland Bridges Technical Assistance Center Support And Information

2024 Maryland Rehabilitation Conference Sheraton Baltimore North, Towson, Maryland May 16, 2024

SLIDE 2: Presenters

Carlton Anne Cook Walker, JD, MBA, MEd

- Director of the Maryland Bridges Technical Assistance Center
- Certified Teacher of Students with Blindness/Low Vision; Attorney at Law; Parent of young blind adult

Chris Nusbaum

- Project Coordinator for the Maryland Bridges Technical Assistance Center
- Alumnus of the Carroll County Public School District
- In college, was a Bridges Helpdesk stakeholder

SLIDE 3: Objectives

By the end of this session, participants will be able to:

- Describe service methods used by the Bridges Technical Assistance and the benefits and limitations of each.
- Describe at least three areas in which the Bridges Helpdesk provides information and support.
- Identify at least three types of resources available in the Bridges Resource Library.

SLIDE 4: It's Not Easy Being Green

Kermit the Frog's iconic song

- About the loneliness of being different and feeling overlooked.
- Individuals of all ages need to be treated like full and valued members of their communities.
- As Kermit tell us, that's not always easy.

School-age students with the sensory impairment of blindness/low-vision

- Even in the world of "special education," blind/low vision students are a significant minority.
- For every 1,000 U.S. students with IEPs, fewer than four will have an IEP with "visual impairment, including blindness" (VIB) as the primary disability.
- Only 262 of Maryland's 100,413 students with IEPs (0.26%) had VIB as their primary disability.

SLIDE 5:

Common Reasons For Avoiding Blindness/Low Vision Skills

- Fear of "standing out"
- Fear of "being a burden"
- Time away from core content instruction
- Listening is "good enough"
- Relying on "mental math"
- Limiting learning music to "by ear"

SLIDE 6: Non-Visual Skills And Tools

BENEFITS

- Access
- Sustainability
- Maximization of individual potential

BARRIERS

- Lack of familiarity with options
- Lack of understanding of impact
- Lack of peer/mentor support
- Lack of instructional support

SLIDE 7: Discrepancy In Achievement

- High school completion/graduation
- Bachelor's degree completion
- Employment
 - Attainment
 - o Maintenance

SLIDE 8: Pre- vs. Post-Secondary

- Purpose of an Individualized Education Program (IEP)
 - Provision of Free Appropriate Public Education (FAPE)
 - Preparation for post-secondary education, employment, and independent living
- Post-secondary realities
 - "Modifications" not required
 - o "Reasonable accommodations" available if requested
- Vocational Rehabilitation support is available

SLIDE 9: Post-Secondary Barriers

Blind/low vision students face "a host of disablers, including:

- 1. negative attitudes,
- 2. absence of inclusive education policy,
- 3. inaccessible learning environment and learning materials,
- 4. exclusive pedagogy, and
- 5. limited orientation and mobility" (Simui, et al, 2018)

SLIDE 10: Post-Secondary Success

Blind/low vision students need:

- "a balance of skills training and self-efficacy building practices" (Goodwyn, et al, n.d.).
- "Inclusive education policies and practices"
- "Key enablers to academic success" include "a positive attitude, self-advocacy, and innovativeness" (Simui, et al, 2018).

SLIDE 11: Solutions: Support

- Educators
- Blind/low-vision:
 - o Role models
 - \circ Mentors
 - Peer support
- Parental expectations and engagement

SLIDE 12: Technical Assistance Support

• Intensive, Sustained

- Universal, General
- Targeted, Specialized

SLIDE 13: Intensive, Sustained TA

What is it?

- Require a stable, ongoing relationship between the TA Center staff and the TA recipient.
- TA services are defined as negotiated series of activities designed to reach a valued outcome.

Bridges Intensive, Sustained Technical Assistance

• Bridges Helpdesk

SLIDE 14: Universal, General TA

What is it?

- Passive technical assistance (TA) and information provided to independent users through their own initiative.
- Includes information or products, such as newsletters, guidebooks, or research syntheses, downloaded from the TA Center's website by independent users.

Bridges Universal, General Technical Assistance

- Bridges Resource Library
- Bridges Transition Tip Tuesdays/Bridges Blog

SLIDE 15: Targeted, Specialized TA

What is it?

• Technical assistance (TA) service developed based on needs common to multiple recipients and not extensively individualized.

Maryland Bridges Targeted, Specialized Technical Assistance

- Bridges Educator Community of Practice
- Bridges Maryland Blind/Low-vision Steering Committee
 Administrative Support

SLIDE 16: Bridges Helpdesk

- Ready access to blindness experts.
 - When in crisis, might have difficulty finding what you need (or even knowing what is available).
 - $\circ\,$ Give a fish AND teach how to fish.
- Individualized, confidential support.
- Information and relevant resources.
- Thorough research services.

SLIDE 17: Bridges Helpdesk In Action

TOP TOPICS

- Advocacy
- Accessibility of technology
- Acquiring technology
- Financial information
- Social Security benefits
- Social Security work incentives
- ABLE accounts

MEANS OF CONTACT

- Telephone
- Zoom meetings
- In-person contact
- Follow up with documentation
- Emails
- Flyers
- References to information sources

SLIDE 18: Examples of Helpdesk Inquiries

PARENTS & STUDENTS

- Social Security & ABLE accounts
- Self-advocacy
- Obtaining accessible technology
- Post-secondary needs

EDUCATORS

- Changes in District I.T. policy
- Technology for home use
- Accessibility of assessments
- Accessible instructional ideas

SLIDE 19: Bridges Online Resources

Bridges Resource Library (online)

- Thoroughly-researched and updated regularly
- Accessible and searchable
- Secondary Transition In the Field Reading Room

Bridges Transition Tip Tuesday/Bridges Blog

- Shared on social media every week
- Often theme-based

SLIDE 20: Examples of Bridges Resource Library Entries

- Accessible Technology
- Advocacy
- Education
- Employment
- Financial Information
- Health and Wellness
- Orientation & Mobility
- Transportation
- Recreation and Leisure
- And so much MORE!

SLIDE 21: Bridges Educator Support

- Bridges Educator Community of Practice
 - Spill The Tea Tuesdays
 - Private Facebook Group
 - GROUPS.IO Listserv
- Bridges Maryland Blind/Low-vision Steering
- Committee Administrative Support

SLIDE 22: References

- Disability Statistics. (n.d.).
 <u>https://www.disabilitystatistics.org/acs/9</u>.
- Goodwyn, Bell & Singletary. (n.d.). Factors that Contribute to the Success of Blind Adults (Success Factors from Focus Groups).

https://www.pdrib.com/downloads/Factors%20that%20Contribute %20to%20the%20Success%20of%20Blind%20Adults.doc.

- Simui, F., Kasonde-Ngandu, S., Cheyeka, A. M., Simwinga, J., & Ndhlovu, D. (2018). Enablers and disablers to academic success of students with visual impairment: A 10-year literature disclosure, 2007–2017. British Journal of Visual Impairment, 36(2), 163–174. <u>https://doi.org/10.1177/0264619617739932</u>.
- United States Census Bureau. (n.d.).
 <u>https://data.census.gov/cedsci/all?q=college&tid=ACSST1Y2018.</u>
 <u>S1501&hidePreview=false</u>.

SLIDE 23: QUESTIONS?

- Accessible Web request form (bit.ly/304EzDs)
- Bridges Email: <u>Helpdesk@IMAGEmd.org</u>
- Text or Voice mail: (410) 357-1546
 Leave a detailed message and we will return your call.
- Send us a message through our Facebook page.