Bridging the Gap: Working with the "WHOLE" person

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Why is the whole person important

- Their Life

- Their Purpose

- Their Path

- Their Choice

We need to help them to attain their outcome (better quality of life, maintain housing, improved health, better family connections, etc.).

Personal Strengths and Assets

- Relationships
- Employment
- Communication
- Lifelong Learning
- Community Involvement
- Day-to-Day
- Finance
- Home & Housing
- Health & Wellness

What makes the "whole" person (who is apart of their team)?

- The person (of course)
- Their family (immediate and extended)
- Their community
- Community Partners
- Neighbors
- Medical partners
- Friends

Why should we enlist the team to help in planning for the person?

Provides the person & team with a blueprint for where the person wants to go and how the team can assist.

Fosters collaboration with external agencies.

Builds trust with the person.

Ensures continuity of care: Don't break the chain!

Important TO vs. Important FOR

Important To

- What does the person want?

- What are their dreams, goals, aspirations?

- Who do they want to be?

- What do they want to accomplish?

- Who they want in their circle or a part of their team?

Important For

- What is needed for the person to accomplish his/her goals, dreams, aspirations?
  - Health (physically and mentally)
  - Safety (home and community)
  - Financially

Outcome

- The person's goals are met!
- They live out their dreams!
- They have an improved quality of life!

Number 1 Barrier

Breaking through Barriers

- Establish Trust!
- How do I do that? (The question of the hour!)
  - It takes time
  - Find reliable team players
  - Rebuild the person's team (you may have to think outside of the box when building that person's team)
  - Solicit the person's input first
  - Go over with the person the pros and cons of adding or deleting from their team
  - Explain the importance of having a team
  - Build Trust & remember it will take time!

Different Methods

- Solution Circle
- Paths
- Maps
- Circle of Support

(Resource: www.inclusion.com)
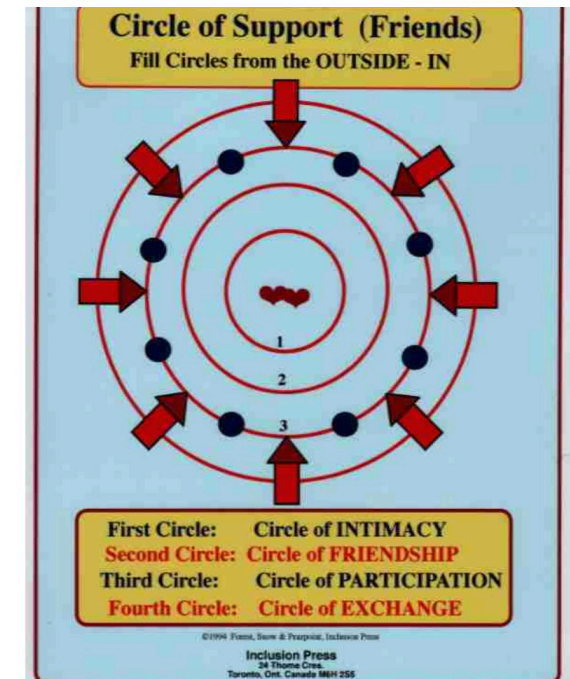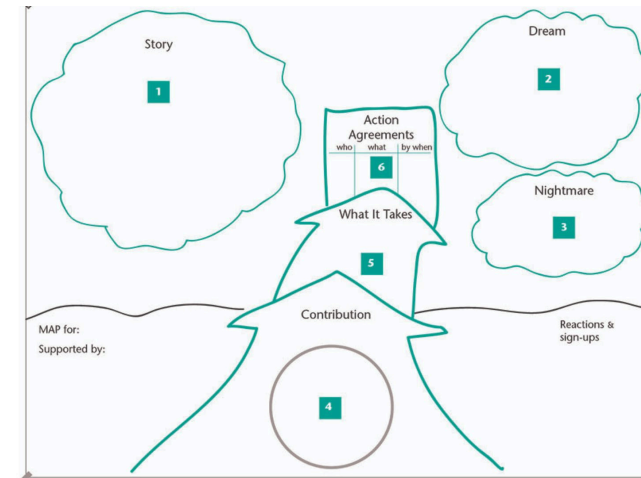
Let's Talk Real Life

- Building a New Team – K.C.
- Wrap a round me – A.P.
- My Son left me – C.H.T.
- I burnt my bridges – K.B.

Questions