

## **SLIDE 1:**

### **Bridging the Gap: Working with the “WHOLE” person**

Presenter: Erica Goldman

Stepping Forward Training & Consulting LLC.

## **SLIDE 2:**

### **Why is the whole person important?**

- Their Life
- Their Purpose
- Their Path
- Their Choice

We need to help them to attain their outcome (better quality of life, maintain housing, improved health, better family connections, etc.).

## **SLIDE 3:**

### **Personal Strengths & Assets**

- Relationships
- Employment
- Communication
- Lifelong learning
- Community involvement
- Day-to-Day
- Finance
- Home & Housing
- Health & Wellness.

## **SLIDE 4:**

**What makes the "whole" person (who is a part of their team)?**

- The person (of course)
- Their family (immediate and extended)
- Their community
- Community Partners
- Neighbors
- Medical partners
- Friends

## **SLIDE 5:**

**Why should we enlist the team to help in planning for the person?**

- Provides the person & team with a blueprint for where the person wants to go and how the team can assist.
- Fosters collaboration with external agencies.
- Builds trust with the person.
- Ensures continuity of care: Don't break the chain!

## **SLIDE 6:**

**Important TO vs. Important FOR**

## **SLIDE 7:**

**Important To**

- What does the person want?
- What are their dreams, goals, aspirations?
- Who do they want to be?
- What do they want to accomplish?
- Who they want in their circle or a part of their team?

## SLIDE 8:

### Important For

- What is needed for the person to accomplish his/her goals, dreams, aspirations?
- Health (physically and mentally)
- Safety (home and community)
- Financially

## SLIDE 9:

### Outcome

- The person's goals are met!
- They live out their dreams!
- They have an improved quality of life!

### **Graphic: The Integrated Supports Star.**

Each arm of the star represents the individual's supports in different areas.

- **Personal Strengths and Assets:** Skills, personal abilities, knowledge or life experiences, strengths, things a person is good at or others like and admire about them, assets (personal belongings and resources).
- **Technology:** Personal technology anyone uses, assistive or adaptive technology to help with day to day tasks, environmental technology designed to help with or adapt surroundings.
- **Relationships:** Family and others that love and care about each other, friends that spend time together or have things in common, acquaintances that come into frequent contact but don't know each other very well.
- **Community Based:** Places such as businesses, parks, schools, faith-based communities, health care facilities, groups or membership organizations, local services or public resources that everyone uses.

- **Eligibility Specific:** Needs-based services (based on age, geography, income level, or employment status), government-paid services based on disability or diagnosis.

## **SLIDE 10:**

### **Number 1 Barrier**

Graphic: A torn piece of paper with the word TRUST.

## **SLIDE 11:**

### **Breaking through Barriers**

- Establish Trust!
- How do I do that? (The question of the hour!)
- It takes time.
- Find reliable team players.
- Rebuild the person's team (you may have to think outside of the box when building that person's team).
- Solicit the person's input first.
- Go over with the person the pros and cons of adding or deleting from their team.
- Explain the importance of having a team.
- Build Trust & remember it will take time!

## **SLIDE 12:**

### **Different Methods**

- Solution Circle
  - Paths
  - Maps
  - Circle of Support
- (Resource: [www.inclusion.com](http://www.inclusion.com))

## **SLIDE 13:**

### **Let's Talk Real Life**

- Building a New Team –K.C.
- Wrap around me –A.P.
- My Son left me –C.H.T.
- I burnt my bridges –K.B.

## **SLIDE 14:**

### **Questions**